

# 2nd Al Ain International Wheelchair & Handbike Meeting 2 February 2008



## Race Day Schedule 02/02/2008

Nr	Event	Time	Location
01	Lunch	11:30am-01:30pm	Restaurant
02	Departure from Ain Alfaidha	01:30pm- 02:00pm	In front of the restaurant
03	Arrival at the warm up areas	02:00pm-02:15pm	Ain Alfaidha Road
04	Call Room & Wheelchairs Checking	02:15pm-02:45pm	Warm up areas
05	End of warming up for 10 K Racers	03:45pm	Warm up area
06	10 K Racers proceed to the start line	03:50pm	10 K race start line
07	Count down for 10 K Race	03:59pm	10 K race start line
08	10 K Race Start	04:00pm	10 K race start line
09	End of warming up for H.M. Racers	04:05pm	Warm up area
10	H.M. Racers proceed to the start line	04:10pm	H.M. race start line
11	Count down for H.M. Race	04:14pm	H.M. race start line
12	Half Marathon Race Start	04:15pm	H.M. race start line
13	Award Ceremony	06:00pm	Al-Ain Rehab. Center
14	Farewell Dinner	08:30pm	Grand Mercure Hotel

### Check points timetable:

10 K Race				Half Marathon			
5 km	Check point	04:25pm	25 min	5 km	Check point	04:35 pm	20 min
Finish	Check point	04:50 pm	50 min	10 km	Check point	04:55 pm	40 min
				15 km	Check point	05:15 pm	60 min
				Finish	Check point	05:40 pm	85 min

- If any athlete fails to arrive at any check point in time, he/she will be forcibly picked up and will not be allowed to continue the race.

[www.alainmeeting.com](http://www.alainmeeting.com)